

## Approved health claims for Peptan®

**Each table below includes health claims of the official EU list published on 25 May 2012.**

Collagen, mineral and vitamin dosages must be in line with the requirements of "source of" according to the health claim regulation (regulation 1924/2006).

Condition for collagen: "source of protein" i.e. 12% of energy provided by total protein

The elements below are also in line with the EFSA Guidance 2702 on the scientific requirements for health claims related to bone, joints, skin, and oral health adopted on 25 April 2012.

### Bone Health

**Protein contributes to the maintenance of normal bones.**

**Protein is needed for normal growth and development of bone in children (art. 14).**

**Health Claims for other ingredients in the same scope**

|                                                                 |                                                                              |
|-----------------------------------------------------------------|------------------------------------------------------------------------------|
| <b>Vitamin C</b>                                                | Contributes to normal collagen formation for the normal function of bones    |
| <b>Calcium</b>                                                  | Is needed for the maintenance of normal bones                                |
| <b>Magnesium, Manganese, Phosphorus, Zinc, Vitamins D and K</b> | Contributes to the maintenance of normal bones                               |
| <b>Vitamin D</b>                                                | Contributes to normal development of bones and teeth                         |
| <b>Vitamin D</b>                                                | May reduce the risk of falling (falling is a risk factor for bone fractures) |

### Joint Health

**NO specific claims for Peptan but to be used with other ingredients with health claims**

|                  |                                                                               |
|------------------|-------------------------------------------------------------------------------|
| <b>Vitamin C</b> | Contributes to normal collagen formation for the normal function of cartilage |
| <b>Copper</b>    | Contributes to maintenance of normal connective tissues                       |

### Muscle Mass and Physical activity

**Protein contributes to growth in muscle mass.**

**Protein contributes to the maintenance of muscle mass.**

**Health Claims for other ingredients in the same scope**

|                                 |                                                                                                                     |
|---------------------------------|---------------------------------------------------------------------------------------------------------------------|
| <b>Magnesium, Potassium</b>     | Contributes to normal muscle function                                                                               |
| <b>Vitamin D</b>                | Contributes to the maintenance of normal muscle function                                                            |
| <b>Carbohydrate-electrolyte</b> | Enhance the absorption of water during physical exercise (specific conditions)                                      |
| <b>Creatine</b>                 | Increases physical performance in successive bursts of short-term, high intensity exercise (3g)                     |
| <b>Vitamin C</b>                | Contributes to maintain the normal function of the immune system during and after intense physical exercise (200mg) |

## **Skin Health & Skin Beauty**

**No health claim but “beauty claim”.**

*Some examples are given below but each claim must be checked in line with EFSA Guidance 2702:*

**Enhances skin beauty**

**Contributes to the maintenance of normal skin tonicity**

**Contributes to the maintenance of skin elasticity / hydration**

**May help to fight against the visible signs of skin ageing / decrease in wrinkles**

### **Health Claims for other ingredients**

|                                                 |                                                                          |
|-------------------------------------------------|--------------------------------------------------------------------------|
| <b>Vitamin C</b>                                | Contributes to normal collagen formation for the normal function of skin |
| <b>Copper</b>                                   | Contributes to maintenance of normal connective tissues                  |
| <b>Biotin, Iodine, Niacin, Riboflavin, Zinc</b> | Contributes to the maintenance of normal skin                            |